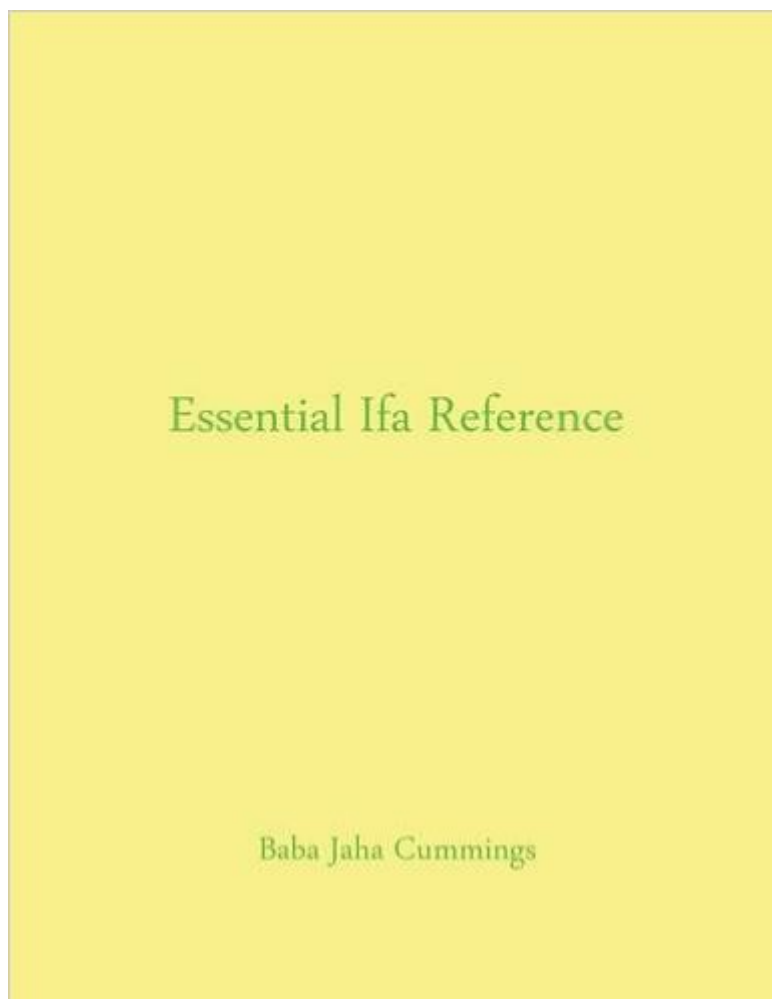


The book was found

# Essential Ifa Reference



## Synopsis

This book was written to provide a reference to spiritual practitioners and scholars who desire an essential overview of key elements in the practical application of Ifa. In reflecting on the reality that most initiates in Ifa and its sister traditions do not have the luxury of years of apprenticeship living with elders, which created an environment in which it was easier to memorize one's studies, like in the past. It is crucial that a basic reference on Ifa be created that provides essential day to day knowledge for one's practice. Sacred ritual technology always has to be learned from an Elder, preferably within a community context so that the intention behind the rituals stay aligned with the tenets of Iwa Pele. This book was created so members of the greater spiritual community can have a useful guide for their reference library to assist in their spiritual practice and study. The book is useful for practitioners and students of Ifá, Orisha'Ifa, Santería, Afa, Vodou, Candomble, Palo, Kumina, Obeah, Quimbanda, Trinidad Orisha, Spiritual Baptist, Umbanda, Abakua, Abakuá, 21 Divisiones, Winti, and Nkisi; as well as other nature-based and esoteric traditions. Chapter 1 provides the names of the 256 Odus, the metaphysical principal they represent, the herbs associated with them, and the Orisha, Egun, or other Energies whom are speaking in the sign. Chapter 2 provides a description of the State of Consciousness that each of the Major Orisha embody. Chapter 3 provides an extensive list of herbs used in Ifa, in particular in the Americas. The list is arranged in alphabetical order of their scientific name. The Spanish name and the Yoruba of each are included as well. Chapter 4 provides a list of trees commonly used to make Palos. Baba Jaha Cummings is a practicing Babalawo and Bokor. He was initiated and trained in Cuba and West Africa in Ifá, Afa, and Vodou. His academic training was at Dartmouth College in Asian Studies. He began his formal studies in Yoruba Language and Culture with Dr. Babatunde Lawal while at Dartmouth. He is the author of *How to Rule the World: Lessons in Conquest for the Modern Prince*; and co-author of *Omowali: The Child Returns Home - Reconnecting Our Children With Their True Culture*. Baba is the director of a research organization in Japan and conducts research and presents papers on youth & values formation, culturally-relevant education, spiritual counseling, and culture-based national planning at academic conferences annually. He is a Delegate to the G8 Religious Leaders Summit.

## Book Information

Paperback: 150 pages

Publisher: Aoishima Research Institute (June 21, 2014)

Language: English

ISBN-10: 4902837048

ISBN-13: 978-4902837049

Product Dimensions: 8.5 x 0.3 x 11 inches

Shipping Weight: 13 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,321,820 in Books (See Top 100 in Books) #349 in Books > Literature & Fiction > World Literature > Caribbean & Latin American #7081 in Books > Politics & Social Sciences > Social Sciences > Specific Demographics > African-American Studies #260261 in Books > Religion & Spirituality

[Download to continue reading...](#)

Essential Ifa Reference Essential Oils: 50 Essential Oil Dog & Cat Recipes From My Essential Oil Private Collection: Proven Essential Oil Recipes That Work! (Essential Oil Pet Private Collection Book 1) Essential Oils: Ultimate Essential Oils Guide and 89 Powerful Essential Oil Recipes! (2nd Edition) - How to Use Essential Oils for Aromatherapy and Healthy ... Loss, Essential Oil Recipes, Aromatherapy) ESSENTIAL OILS: Aromatherapy, Essential Oils For Beginners, And Essential Oil Recipes To Improve Your Health (Medicinal Herbs) (Essential oil recipes, ... Aromatherapy and essential oils Book 1) Ifa y los Orishas: La Religion Antigua de la Naturaleza (Spanish Edition) Gran Libro Enciclopédico de Ifa: Gran Enciclopedia de mas de 5000 paginas para los amantes de la religión Yoruba (Spanish Edition) Essential Oils: 40 Amazing Essential Oil Recipes for Diffusers: (Diffusers, Natural Remedies) (essential oils diffusers, young living essential oils book) Essential Oils For Beginners: Essential Oils For Beginners: How To Use The Essential Oils To Maximize Your Health And Longevity (Essential Oils And Aromatherapy) (Volume 1) Essential Oils: 120+ Essential Oils Recipes For Diffusers, Aromatherapy, Natural Remedies For Skin And Hair Care: (Essential Oils For Weight Loss, Aromatherapy) ... Oils, Essential Oils For Allergie) Essential Oils Natural Remedies: The Complete A-Z Reference of Essential Oils for Health and Healing Essential Oils: Recipe Quick Reference: Essential Oils Recipes for All Occasions Big Collection Of Essential Oils: Amazing DIY Recipes Of Essential Oils Blends, Soap Making And Repellents: (Diffuser Recipes and Blends, Skin So Soft Insect ... (Natural Remedies, Essential oils) Essential Oils: The Complete Guide: Essential Oils For Beginners, Aromatherapy And Essential Oil Recipes Crystal Reports XI: The Complete Reference (Osborne Complete Reference Series) MySQL Pocket Reference: SQL Statements, Functions and Utilities and more (Pocket Reference (O'Reilly)) Python Pocket Reference (Pocket Reference (O'Reilly)) UNIX: The Complete Reference, Second Edition (Complete Reference Series) Regular Expression Pocket Reference: Regular Expressions for Perl,

Ruby, PHP, Python, C, Java and .NET (Pocket Reference (O'Reilly)) GDB Pocket Reference  
(Pocket Reference (O'Reilly)) Java Beginners Reference: Quick Reference

[Dmca](#)